

# Dr. James D. Pickett

## Cardiovascular Risk Assessment and Patient History Form

Thank you for taking the time to fill out our health questionnaire. This is a confidential record of your medical history and will be kept in this office.

Today's Date \_\_\_\_\_ Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Primary Care Provider \_\_\_\_\_

Problem today (describe any recent testing) \_\_\_\_\_

Current Medications (if none, please write None) \_\_\_\_\_

Allergies (Drug, Food, Environmental) Please circle YES or NO. If YES, please list \_\_\_\_\_

### Past Medical History: Write "Y" for Yes, "N" for No, or "?" if uncertain:

___ High Blood Pressure	___ Diabetes	___ High Cholesterol	___ Heart Attack
___ Heart Catheterization	___ Angioplasty	___ Congestive Heart Failure	___ Stroke/TIA
___ Valve Problem/Heart Murmur	___ Rheumatic Fever	___ Loss of Consciousness	___ Asthma
___ Arrhythmia (irregular heartbeat)	___ Emphysema	___ Pneumonia	___ Anemia
___ Vascular (blood vessel) Disease	___ Ulcer	___ Bleeding tendency	___ Cancer
___ Liver Disease/Hepatitis	___ Kidney Disease	___ Arthritis	___ Glaucoma
___ Migraine Headaches	___ Thyroid Disease	___ HIV Disease	___ Autoimmune Disease
___ Other _____			

### Past Surgical History and Hospitalizations: (please list and give approximate dates) *IF NONE, CHECK HERE* \_\_\_\_\_

1. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_ 4. \_\_\_\_\_

### Family Medical History IF NO POSITIVE FAMILY HISTORY, CHECK HERE \_\_\_\_\_

Has any blood relative had any of the following? Write "Y" for Yes, "N" for No, or "?" if uncertain:

Please indicate the relationship. For example: Father, Mother, Sibling, or other blood relative.

High Blood Pressure \_\_\_\_\_ Sudden Death \_\_\_\_\_

Diabetes \_\_\_\_\_ Congestive Heart Failure \_\_\_\_\_

High Cholesterol \_\_\_\_\_ Arrhythmia (irregular heartbeat) \_\_\_\_\_

Heart Attack \_\_\_\_\_ Vascular (blood vessel) Disease \_\_\_\_\_

Angioplasty \_\_\_\_\_ Cancer \_\_\_\_\_

Coronary Bypass Surgery \_\_\_\_\_ Stroke \_\_\_\_\_ Other \_\_\_\_\_

**Social History:** circle Marital Status: Married                      Single                      Divorced                      Widowed

Occupation: \_\_\_\_\_ Children \_\_\_\_\_ Place of Birth \_\_\_\_\_

**Habits:**

Smoking (type and amount/day) \_\_\_\_\_ If former smoker, date you quit \_\_\_\_\_

Alcohol (type and amount/day) \_\_\_\_\_ Caffeine (type and amount/day) \_\_\_\_\_

Street Drugs (type and amount/day) \_\_\_\_\_

**Review of Systems (please check "yes" or "no" to ALL)**

Yes No ___ ___ weight loss/gain ___ ___ weakness/fatigue ___ ___ fever/night sweats ___ ___ blurred/double vision ___ ___ chest pain/discomfort ___ ___ irregular heartbeats ___ ___ leg swelling ___ ___ palpitations ___ ___ discomfort in the thighs/buttocks with activity or exercise ___ ___ purple fingers or toes	Yes No ___ ___ shortness of breath ___ ___ cough ___ ___ coughing up blood ___ ___ awake from sleep with shortness of breath ___ ___ nausea/vomiting/diarrhea ___ ___ heartburn/reflux ___ ___ abdominal pain ___ ___ rectal bleeding ___ ___ muscle weakness/pain ___ ___ joint pain/swelling ___ ___ skin rash	Yes No ___ ___ headache ___ ___ numbness/weakness ___ ___ off balance/dizziness ___ ___ seizure ___ ___ anxious ___ ___ depressed ___ ___ bleeding tendency ___ ___ easy bruising ___ ___ frequent infections
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**Additional Information:**

How would you describe your current state of health? \_\_\_\_\_

How would you describe your diet? \_\_\_\_\_

How often do you exercise? \_\_\_\_\_

Do you use alternative/complementary medicine? \_\_\_\_\_

Do you have an advance directive or living will? \_\_\_\_\_

Is there anything else we should know about you? \_\_\_\_\_

Patient Signature \_\_\_\_\_ Physician Signature \_\_\_\_\_

**Physician Use Only-Reviewed and updated at subsequent visits:**

Practitioner	Date	Practitioner	Date	Practitioner	Date

